



Mean curvature and variational theory

Xin Zhou

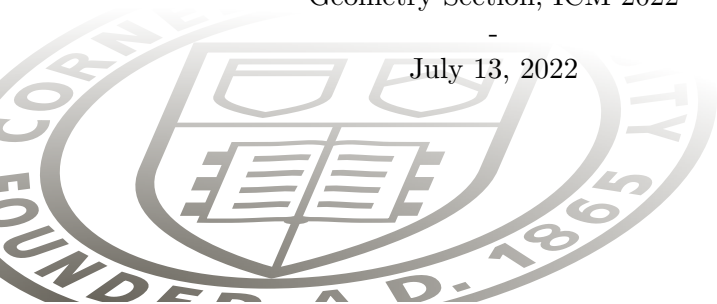
Cornell University

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① Introduction

② Existence of minimizers

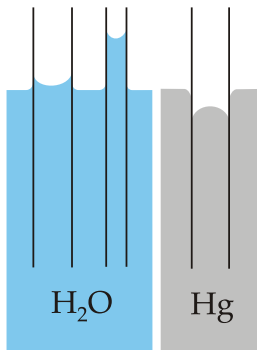
③ Min-max theory

④ ∞ -solutions

Capillary phenomenon

When putting a thin tube into a liquid, the liquid will be pulled up/pushed down. This is usually called the **Capillary phenomenon/action**.

Liquid molecules near the wall are pulled toward/away the wall, and cohesive forces carry the remaining liquid molecules with them toward/away the wall. The pressure at the top of the liquid column is compensated by the curvature of the surface.

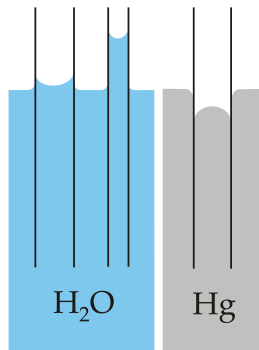


(From: Wikipedia)

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Equations governing capillary action

In 1805, [T. Young](#) introduced the notion of [mean curvature](#) H of a surface, and wrote down the equation satisfied by capillary surface:

$$\Delta p = 2\sigma H,$$

where Δp is the pressure change, and σ is the surface tension.

Around the same time [P.-S. Laplace](#) derived the formula for mean curvature of the capillary surface, and the equation for the height function $u : \Omega \rightarrow \mathbb{R}$:

$$H \equiv \operatorname{div}\left(\frac{\nabla u}{\sqrt{1 + |\nabla u|^2}}\right) = \kappa u + \lambda. \quad (1)$$

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Prescribing mean curvature equations

Denote $\Sigma_u = \{(x, u(x)) : x \in \Omega\} \subset \Omega \times \mathbb{R}$.

Equation (1) belongs to a large class of **prescribing mean curvature (PMC) equations**:

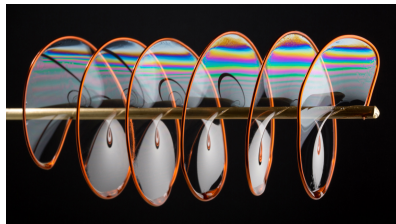
$$H(\Sigma_u) = \operatorname{div} \left(\frac{\nabla u}{\sqrt{1 + |\nabla u|^2}} \right) = f(u).$$

- When $f \equiv 0$, this reduces to the **minimal surface equation**;
- When f is a non-zero constant, this reduces to the **constant mean curvature (CMC) equation**.

Minimal and CMC surfaces

Minimal surfaces:

Put a closed wire into soap liquid. It will bound a soap film. The soap film minimizes area due to the surface tension, and hence is a model for minimal surface.



(From: Quanta Magazine)

CMC surfaces:

Blow out a soap bubble. The bubble surface minimizes area while keeping the enclosed volume fixed. This is a model for CMC surface.

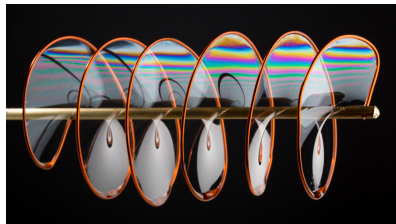


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Mean curvature and Area

Let Σ^2 be a surface in \mathbb{R}^3 . The *mean curvature* H measures how the area of Σ changes.

The first variation of Area of Σ along a vector field X is given by

$$\delta \text{Area}_\Sigma(X) = \int_\Sigma H \langle \mathbf{n}, X \rangle,$$

where \mathbf{n} is a unit normal of Σ .

Σ is a *minimal surface* if it is a critical point of Area; that is $\delta \text{Area}_\Sigma(X) = 0$; that is:

$$H_\Sigma \equiv 0.$$

Σ is a *CMC surface* if it is a critical point of Area among *volume-preserving* variations of Ω , i.e. $\int_\Sigma \langle \mathbf{n}, X \rangle = 0$; that is,

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Interests and applications

Minimal/CMC surfaces

1. are models for soap films, soap bubbles and interface phenomenon;
2. act as a driving force for the development of modern PDE theory and calculus of variations;
3. are important tools in the study of geometry and topology.
4. **General Relativity**: boundary of event horizons, definition of the center of mass of an isolated gravitational system.

The classical Plateau's problem

In 1760, [Lagrange](#) raised the problem of finding a surface with a given boundary which minimizes area. In the 19th century [Plateau](#) did the famous physical experiments using wires and soap films.

Plateau Problem

Given a simple closed curve $\Gamma \subset \mathbb{R}^3$, consider all parametrized disks spanning Γ : $v : D^2 \rightarrow \mathbb{R}^3$ with $v : \partial D^2 \rightarrow \Gamma$ a monotone map.

Can we find an area minimizer among such maps?

[Douglas, Rado 1930s](#): solved this by minimizing the Dirichlet energy

$$E(v) = \frac{1}{2} \int_D |\nabla v|^2 dx dy.$$

[Morrey 1948](#): generalized this to Riemannian manifolds.

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Higher dimensions and co-dimensions

To prove the existence of a minimizer Σ^n spanning a given boundary Γ^{n-1} in \mathbb{R}^{n+k} , De Giorgi, Federer, Fleming, etc. developed Geometric Measure Theory.

In co-dimensional 1 cases, i.e. $k = 1$, by combining works of De Giorgi, Federer, Fleming, Almgren, Simons, an area minimizer Σ^n is smoothly embedded outside a singular set of codim-7.

When $k > 1$, an area minimizer Σ^n has a codim-2 singular set by deep works of Almgren 1990s, and De Lellis-Spadaro 2013.

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CMC Plateau's problem

Given a simple closed curve $\gamma \subset \Omega \subset \mathbb{R}^3$, and $0 < H \in \mathbb{R}$, find a mapping $\phi : D \rightarrow \Omega$ spanning γ which has prescribed mean curvature H .

- [Heinz 54](#), [Hildebrandt 70](#): found minimizers of

$$E_H(v) = \frac{1}{2} \int_D |\nabla v|^2 dx dy - \frac{H}{3} \int_D v \cdot (v_x \wedge v_y) dx dy,$$

when H satisfies certain natural upper bound.

Closed solutions – minimal case

Homology: If $H_n(M^{n+k}, \mathbb{Z} \text{ or } \mathbb{Z}_2) \neq 0$, we can use integral current theory to obtain a minimizer Σ_0 in a homology class. When $k = 1$, Σ_0 is smoothly embedded outside a codom-7 singular set.

Homotopy: If M^n contains an incompressible surface Σ^2 , [Schoen-Yau 79](#) and [Sacks-Uhlenbeck 81](#) proved the existence of a branched immersed minimizer Σ_0 .

Isotopy: In dimension 3, if M^3 contains an incompressible embedded surface Σ^2 , [Meeks-Simon-Yau 82](#) obtained an embedded minimizer Σ_0 isotopic to Σ .

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Closed solutions – CMC case

Isoperimetric problem:

- Boundaries of isoperimetric domains are closed CMC hypersurfaces (Almgren 76, Morgan 03).

Perturbation method:

- One can obtain foliations of CMC hypersurfaces by perturbing tubular neighborhoods of a point, or a minimal submanifold in nondegenerate scenario (Ye 91, Mahmoudi-Mazzeo-Pacard 06, etc.).

Gluing method:

- Many complete and compact CMC surfaces were constructed in \mathbb{R}^d , $d \geq 3$ by gluing methods (Kapouleas 90, Breiner-Kapouleas 17).

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General existence questions

Question 1:

Can we find a closed minimal hypersurface Σ^n in an arbitrary closed manifold M^{n+1} (without any assumption on homology, homotopy, or isotopy)?

Question 2:

Can we find a closed CMC hypersurface Σ^n with an arbitrary prescribed curvature $c \in \mathbb{R}$ in an arbitrary closed manifold M^{n+1} ?

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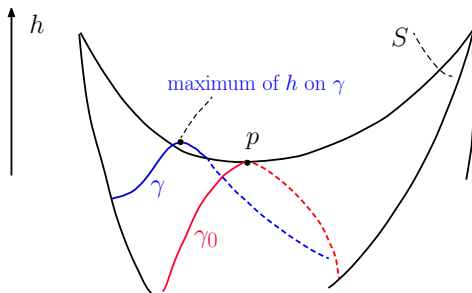
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The idea of min-max method

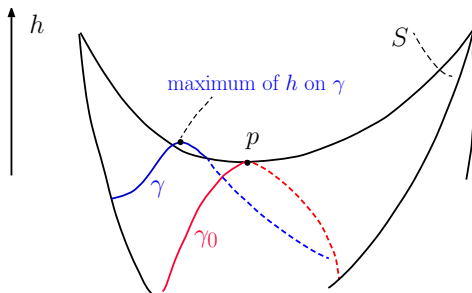
Multivariable Calculus: h is the height function on S , and p is a saddle point.



$$h(p) = \max_{t \in [0,1]} h(\gamma_0(t)) = \min_{\gamma \in [\gamma_0]} \max_{t \in [0,1]} h(\gamma(t)).$$

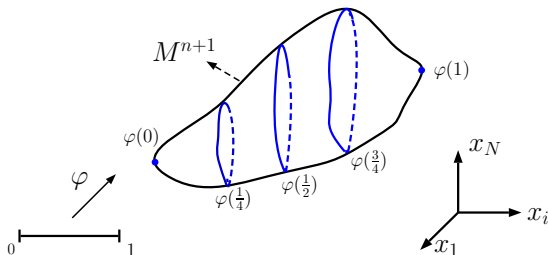
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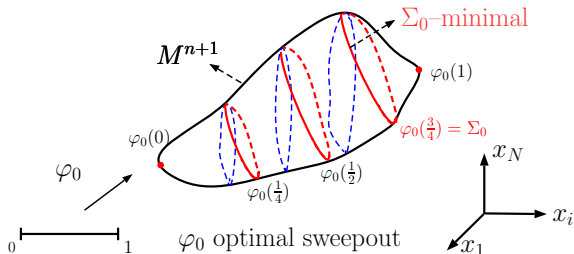
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Almgren-Pitts and Schoen-Simon theory



- $\varphi : [0, 1] \rightarrow$ space of hypercycles, – “sweepout”;
- Min-max value —“width”:

$$W = \inf \left\{ \max_{t \in [0, 1]} \text{Area}(\phi(t)) : \phi \text{ is a sweepout} \right\}.$$

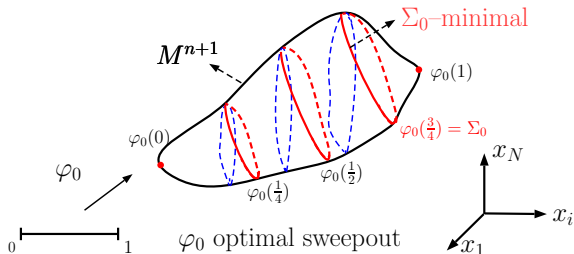


Theorem ([Almgren 1965](#), [Pitts 1981](#), [Schoen-Simon 1981](#))

The width W is achieved as the area of some closed minimal hypersurface Σ_0 which is smoothly embedded outside a codim-7 singular set.

Therefore, every closed manifold admits a closed minimal hypersurface.

— This affirmatively answered Question 1.



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Topology of minimal surfaces

There were many works trying to control the topology of minimal surfaces.

- [Simon-Smith 82](#): every Riemannian 3-sphere (S^3, g) admits an embedded minimal two sphere.
- [Colding-De Lellis 03](#), [DeLellis-Pellandini 10](#), [Ketover 13](#): every closed 3-manifold M admits a closed embedded minimal surface with genus less than the Heegaard genus of M .
- [Sacks-Uhlenbeck 81](#): if $\pi_k(M^n) \neq 0$, then (M, g) admits a branched immersed minimal two sphere.

Min-max theory for CMC hypersurfaces

Recall: “Question 2: Can we find a closed CMC hypersurface Σ^n with an arbitrary prescribed curvature $c \in \mathbb{R}$ in any closed M^{n+1} ?”

Theorem (Z.-Zhu 17)

Given any closed (M^{n+1}, g) with $3 \leq (n+1) \leq 7$, then for any $c \in \mathbb{R}$, there exists a smooth, closed hypersurface Σ^n of constant mean curvature c .

- This generalizes the [Almgren-Pitts-Schoen-Simon](#) min-max theory for minimal hypersurfaces to the CMC setting ($c \neq 0$).
- This is the first general existence theory for closed CMC hypersurface with prescribed $c \in \mathbb{R}$.
- No topological control of Σ even when $n+1=3$ due to the use of geometric measure theory.

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- No topological control of Σ even when $n+1=3$ **due to the use of geometric measure theory.**

We established a saddle point theory for a **weighted area functional**:

- If Σ bounds a domain $\Omega \subset M$, then Σ is CMC with mean curvature c iff it is a critical of the weighted area:

$$\mathcal{A}^c(\Omega) = \text{Area}(\partial\Omega) - c \text{Vol}(\Omega).$$

- In fact,

$$\left. \frac{d}{dt} \right|_{t=0} \mathcal{A}^c(\phi_t(\Omega)) = \int_{\partial\Omega} (\mathbf{H} - c) \mathbf{n} \cdot X.$$

So $\delta\mathcal{A}^c|_{\Omega} = 0$ iff $\mathbf{H} \equiv c$.

- The c -min-max width is:

$$W^c = \inf \left\{ \max_{t \in [0,1]} \mathcal{A}^c(\phi(t)) : \phi \text{ is a sweepout} \right\}.$$

Min-max theory for PMC hypersurfaces

We later generalized our theory for prescribing varying mean curvature.

Theorem (Z.- Zhu 18)

Given any closed (M^{n+1}, g) with $3 \leq (n+1) \leq 7$, then there exists a generic set of smooth functions \mathcal{S} , such that for any $h \in \mathcal{S}$, there exists a smooth, closed hypersurface Σ^n with prescribed mean curvature h ; that is,

$$H_{\Sigma} = h|_{\Sigma}.$$

Min-max theory for CMC surfaces in 3-d

In dimension 3, we also considered the existence problem of CMC 2-spheres in 3-spheres, using a totally different PDE variational approach.

Thm A: (Cheng-Z. 20)

Given any (S^3, g) , for **almost all constant $c > 0$** , there exists a branched immersed 2-sphere with constant mean curvature c .

Thm B: (Cheng-Z. 20)

If (S^3, g) has **nonnegative Ricci curvature**, there exists a branched immersed 2-sphere with mean curvature c **for all constant $c > 0$** .

Thm B partially solves a conjecture by Rosenberg-Smith in 2010.

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Infinitely many solutions

Motivated by the Almgren-Pitts theory and results in dynamic systems about the existence of ∞ -closed geodesics, [Yau 1980s](#) raised the following conjecture.

Yau's Conjecture on minimal surfaces

Every closed 3-manifold admits infinitely many distinct closed, immersed, minimal surfaces.

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Variational point of view

Variational approach

Find the right “space of hypersurfaces” with abundant topological structures, and search for critical points of the Area functional therein.

Example: critical points for quadratic forms

Let A be an $n \times n$ symmetric matrix. Its k -th eigenvalue is given by

$$\lambda_k = \min_{P \subset \mathbb{R}^n} \max_{x \in P, x \neq 0} Q_A(x), \text{ where } Q_A(x) = \frac{\langle Ax, x \rangle}{\langle x, x \rangle},$$

where P is a k -dimensional linear subspace.

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Volume spectrum - I

Theorem (Almgren 1961)

The space of all closed separating hypersurfaces $\Sigma^n \subset M^{n+1}$, modulo the \mathbb{Z}_2 -action on identifying the two orientations, satisfies:

$$\mathcal{Z}_n(M, \mathbb{Z}_2) = \{\Sigma = \partial\Omega \sim \partial(M \setminus \Omega)\} \simeq \mathbb{RP}^\infty.$$

Therefore, the \mathbb{Z}_2 -cohomological ring is:

$$\mathcal{H}^*(\mathcal{Z}_n(M, \mathbb{Z}_2), \mathbb{Z}_2) = \mathbb{Z}_2[\lambda].$$

Definition

A *k*-sweepout ($k \in \mathbb{N}$) is a continue map: $\Phi : X \rightarrow \mathcal{Z}_n(M, \mathbb{Z}_2)$, such that

$$\Phi^*(\lambda^k) \neq 0 \in H^k(X, \mathbb{Z}_2).$$

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Volume spectrum - I

Theorem (Almgren 1961)

The space of all closed separating hypersurfaces $\Sigma^n \subset M^{n+1}$, modulo the \mathbb{Z}_2 -action on identifying the two orientations, satisfies:

$$\mathcal{Z}_n(M, \mathbb{Z}_2) = \{\Sigma = \partial\Omega \sim \partial(M \setminus \Omega)\} \simeq \mathbb{RP}^\infty.$$

Therefore, the \mathbb{Z}_2 -cohomological ring is:

$$\mathcal{H}^*(\mathcal{Z}_n(M, \mathbb{Z}_2), \mathbb{Z}_2) = \mathbb{Z}_2[\lambda].$$

Definition

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Volume spectrum - II

Volume spectrum: Gromov 88, Guth 10, Marques-Neves 13

The k -th volume spectrum is

$$\omega_k(M, g) = \inf_{\Phi: k\text{-sweepout}} \max_{x \in X = \text{dom}(\Phi)} \text{Area}(\Phi(x)).$$

$$0 < \omega_1(M, g) \leq \cdots \omega_k(M, g) \sim k^{\frac{1}{n+1}} \rightarrow \infty.$$

Min-max Theorem

$\{\omega_k(M, g)\}$ are given by areas of closed minimal hypersurfaces (smoothly embedded when $2 \leq n \leq 6$) **counted with multiplicity**, i.e.

$$\omega_k = \sum_{i=1}^{l_k} m_i^k \text{Area}(\Sigma_i^k), \quad m_i^k \in \mathbb{N}_{>0}.$$

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Yau's conjecture and Multiplicity

The natural idea to solve Yau's conjecture was to apply the min-max theorem to the volume spectrum. However, **the existence of possibly higher multiplicities may cause re-occurrence of minimal hypersurfaces**, so one may not produce genuine new solutions!

- **Marques-Neves 13**: assume M^{n+1} ($2 \leq n \leq 6$) has positive Ricci curvature, then every min-max solution is connected; existence of ∞ -solutions follows from a counting argument.
- **Song 18**: when M admits disjoint closed minimal hypersurfaces, he cut the manifold into pieces and introduced a new notion of cylindrical volume spectrum; existence of ∞ -solutions follows from a similar counting argument in a compact piece.

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Multiplicity One Conjecture

Marques-Neves 14 raised the following conjecture, which is now a theorem.

Multiplicity One Conjecture (Z. 19)

Let M^{n+1} be a closed manifold with $2 \leq n \leq 6$. For a smooth generic metric g (in the sense of Baire), for each $k \in \mathbb{N}$, we have

$$\omega_k = \sum_{i=1}^{l_k} \text{Area}(\Sigma_i^k).$$

That is, all multiplicities are exactly 1.

- This is an analog of the basic fact in Morse theory: “generically a smooth function has only non-degenerate critical points”.
- This directly implies Yau’s conjecture under “generic assumption”.

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Morse Index Conjecture

By comparing with the classical Morse theory and the topological fact $\mathcal{Z}_n(M^{n+1}, \mathbb{Z}_2) \simeq \mathbb{RP}^\infty$, the area functional

$$\text{Area} : \mathcal{Z}_n(M^{n+1}, \mathbb{Z}_2) \rightarrow [0, \infty)$$

should contain as many critical points as the ‘number of homologies’.

Morse Index Conjecture: [Marque-Neves 14](#)

In a **generic** (M^{n+1}, g) with $2 \leq n \leq 6$, for each $k \in \mathbb{N}$, there exists a closed minimal $\Sigma_k \subset M$ with

$$\text{Area}(\Sigma_k) = \omega_k(M, g), \text{ with } \text{Morse index } \text{Index}(\Sigma_k) = k.$$

[Marques-Neves 16, 18](#) gave a strategy to solve this conjecture assuming the Multiplicity One Conjecture, so this is also a theorem now.

Higher multiplicity can appear!

Denote

$$S_a^{n+1} = \{x_1^2 + \cdots + x_{n+1}^2 + \frac{x_{n+2}^{2n}}{a^{2n}} = 0\} \subset \mathbb{R}^{n+2},$$

and $S_0^n = S_a^{n+1} \cap \{x_{n+2} = 0\}$.

Theorem (Wang-Z 22)

For $2 \leq n \leq 6$ and $a \gg 1$, the min-max minimal hypersurface associated with $\omega_2(S_a^{n+1})$ must be the equator S_0^n counted with multiplicity two.

Why could multiplicity arise?

Multiplicities could appear mainly as “convergence theory for minimal hypersurfaces” are involved.

A sequence of single-sheeted minimal hypersurfaces can collapse and result in a multi-sheeted limit.

Min-max with a Lagrange multiplier

- The way to resolve the issue was to use the perturbed functional:

$$\mathcal{A}^h(\Omega) = \text{Area}(\partial\Omega) - \int_{\Omega} h \, d\text{Vol}, \quad h : M \rightarrow \mathbb{R}.$$

Min-max solutions w.r.t. $\mathcal{A}^h(\Omega)$ have multiplicity one.

- Changing $h \rightarrow \epsilon h$ and letting $\epsilon \rightarrow 0$, multiplicity one PMC hypersurfaces converge only to multiplicity one minimal hypersurfaces in a generic metric.
- To approximate Area by $\mathcal{A}^{\epsilon h}$, one needs to lift to the double cover $\mathcal{C}(M) \rightarrow \mathcal{Z}_n(M, \mathbb{Z}_2)$, and use a local min-max construction.

Multiplicity one for PMC functional

A critical point $\Sigma = \partial\Omega$ of \mathcal{A}^h satisfies:

$$H_\Sigma = h|_\Sigma.$$

Solutions of this equation satisfy the following one-sided “Maximum Principle”:

Some related open problems

Whether the Simon-Smith min-max theory satisfies a multiplicity one type conjecture?

Given a closed Riemannian manifold and a $H > 0$, prove the existence of two closed H -CMC hypersurfaces.

Extend the CMC min-max theory to suitable noncompact manifolds.

Thank you for your attention!