The Fields Medals 2022: James Maynard
By Rachel Thomas, produced as part of the ICM coverage on plus.maths.org
James Maynard, a mathematician from the University of Oxford, has won one of this year's Fields Medals at the International Congress of Mathematicians. The Fields Medal is one of the most prestigious prizes in mathematics. It is awarded every four years "to recognise outstanding mathematical achievement for existing work and for the promise of future achievement". Up to four mathematicians up to the age of 40 are awarded a Fields Medal each time.


James Maynard (Photo Ryan Cowan)
We were lucky to talk to Maynard the run-up to this year's Congress, which is held as a fully virtual event with only the prize ceremonies and lectures taking place in-person in Helsinki, Finland. He told us how he went from a fascination with numbers as a young child to making spectacular contributions to number theory.

## Primed for number theory

"Number theory always had a slightly special status in my mind, even before I formally learned about it," says Maynard. Number theory - the study of whole numbers and how they can be combined with each other - has provided Maynard with an academic playground to build on his childhood fascination.

At the heart of number theory lie prime numbers - those numbers that are divisible only by themselves and 1. Because of this indivisibility they are often described as the atoms of number theory. Every other whole number can be "made" from these atoms in the sense that you can write it as a product of primes. The number 24, for example, can be written as

$$
24=2 \times 2 \times 2 \times 3,
$$

and the number 110 can be written as

$$
110=2 \times 5 \times 11 .
$$

In a similar way, every other whole number can be written as a product of primes.

## The twin prime conjecture

Over the years we have been lucky enough to meet and report several times on Maynard's work on a famous unanswered question in number theory - the twin prime conjecture. We've known for thousands of years that there are infinitely many primes (see here for the simple and elegant proof) but there is no discernible pattern in how they are sprinkled along the number line. "Typically as you go down the number line the gaps between prime numbers get bigger," says Maynard. "But the [twin prime conjecture] is saying that even if the gaps get typically bigger, occasionally you get these gaps where the primes are very close together. Understanding the gaps between prime numbers is fundamental to understanding the distribution of the primes."

Apart from the number 2, all the other primes are odd numbers, so the closest two prime numbers could ever be (once you get past the number 2) is separated by a difference of two. At first it's easy to find these pairs of primes that are as close as can be, called twin primes: 3 and 5,5 and 7,11 and 13 all separated by 2 . But this gets significantly harder the further you go up the number line. Mathematicians believe there are infinitely many pairs of twin primes which is known as the twin prime conjecture.

The twin prime conjecture is one of those famous problems in number theory that are simple to state and have fascinated mathematicians for hundreds of years and yet a proof still remains out of reach. After centuries of effort there was a big breakthrough in 2013, when Yitan Zhang proved that there were infinitely many pairs of primes that are separated by 70 million. "For mathematicians this was absolutely a huge breakthrough as this was the first time we had [a proof of gaps of] any finite number," says Maynard. " 70 million is much bigger than 2 but it's a lot smaller than infinity."

Zhang's breakthrough involved sieve methods, which are ways of filtering numbers in your proof. An elementary example is the sieve of Eratosthenes where you filter out non-prime numbers up to, say 100 , by crossing out all the multiples of 2 , then all the multiples of the next remaining number, 3 , then the multiples of the next remaining number, 5 , and so on. Sundaram's sieve also filters out the non-prime numbers, but is based on arithmetic progressions - sequences of numbers that are separated from their neighbours by a fixed
difference. (An example of an arithmetic progression is $3,7,11,15,19 \ldots$ where there is a difference of 4 between neighbours in the sequence.)


This is an illustration of the sieve of Eratosthenes, which is designed to catch prime numbers.
Adapted from a figure by SKopp, CC BY-SA 3.0.
"Sieve methods are a mathematical tool for translating some information you understand about numbers to create some information you'd like to know," says Maynard. "[For example] if you understand certain technical questions about primes in arithmetic progressions, then you can translate that to information about small gaps between primes." Sieve methods might seem easy at first, but sometimes very strong mathematical results are needed to make them work. Zhang's breakthrough involved proving strong results about primes that could provide the input for the sieving method.

Maynard's approach was different: "Rather than improving the input to the method I changed the method itself. It became more efficient in turning one type of information into another and it meant that we needed much weaker inputs to get a result about boundary gaps between primes." With this new method he dramatically reduced the gap from 70 million to just 600 . And after a flurry of collaborative work with a group of mathematicians, we now know there are infinitely many pairs of primes separated by a gap of just 246.

Even after such dramatic progress a proof of the twin prime conjecture still remains elusive. Work continues, but often involves taking new approaches. An example is Maynard's work proving there are infinitely many primes without certain digits. It's hard to know at this stage when the twin prime conjecture will finally be proved in full, but we came away from our discussion with Maynard feeling optimistic. "We're still one big idea away from proving the twin prime conjecture, but maybe we're only one big idea away."

## All or nothing

Number theory has a wealth of long-standing conjectures and open problems. A proof of the twin prime conjecture might still be a way off, but Maynard recently proved another significant conjecture with his colleague Dimitris Koukoulopoulos.

The Duffin-Schaeffer conjecture, first posed in 1941, concerns how well you can approximate real numbers with rational numbers. The real numbers are made up of rational
numbers - numbers that can be written as a fraction $p / q$ for some integers $p$ and $q$ - and irrational numbers that can't be written in this way. For example the famous number $\pi$, $3.14151 \ldots$ is irrational, so it can't be written down as a fraction. What we can do, however, is approximate it by a fraction. . For example, when we only use the first two decimal places of $\pi, 3.14$, to approximate $\pi$, then what we are doing is approximating it by the fraction $314 / 100$. But that approximation involves pretty big numbers, and actually the fraction $22 / 7$ is a more accurate approximation of $\pi$.
"This means that $22 / 7$ is somehow a more efficient way of capturing some of the arithmetic information about the number $\pi$," says Maynard. Understanding efficient approximations of real numbers (also known as diophantine approximations) and how they are distributed for the real numbers can lead to very important information for number theorists. The Duffin-Schaeffer conjecture makes it very straightforward to tell when these efficient approximations do and don't exist.

Suppose you want to guarantee your approximations will have a certain accuracy, and this accuracy can vary with the denominator $q$ used in your approximations, $p / q$. Then the Duffin-Schaeffer conjecture says there is an easy calculation that tells you you'll either have your specified type of efficient approximations for almost all the numbers, or for almost none of them.
"The Duffin-Schaeffer conjecture says either you only have a rare set of exceptions to this statement about efficient approximations, or it is basically never ever true," says Maynard. "And [the conjecture] gives you a very simple step to know whether you are ok or not."

This might not sound so useful at first, but it gives mathematicians a powerful tool. "There's lots of mathematical statements that you might wish were true for absolutely everything but it turns out there's a few annoying exceptions," says Maynard. "But provided those exceptions are suitably rare, the result tells us they don't actually matter."

## Prizes for playing

Maynard's work is described in the citation for his prize as "highly ingenious, often leading to surprising breakthroughs on important problems that seemed to be inaccessible by current techniques." But despite his many successes, the Fields Medal still comes as a surprise. "You don't think of yourself as getting a huge mathematical honour when you're sitting at your desk playing around with mathematical bobbins!"

And while receiving one of the biggest prizes in mathematics is a huge honour, Maynard also finds it daunting, and slightly surreal. "In some ways it's intimidating thinking of my name on this list of legends of mathematics from the past. People I looked up to, when I was a kid and thinking about mathematicians," he says. "It's certainly quite surreal in that way."

Marianne Freiberger and Rachel Thomas, Editors of plus.maths.org, interviewed James Maynard in June 2022.

This content was produced as part of the collaboration between plus.maths.org and the London Mathematical Society. You can find all our content on the 2022 International Congress of Mathematicians here.


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